



European Society for Child
and Adolescent Psychiatry

ESCAP General Assembly

25th June 202

Policy Division of ESCAP

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 - Anne Marie Råberg Christensen, Denmark

 - Head of the Policy Division: Jörg M. Fegert, Germany
 - President of ESCAP: Dimitris Anagnostopoulos, Greece
 - ESCAP Office: Laura Kehoe, Switzerland
-

Main issues (results of the survey)



Children's rights

- Participation (information in medical care)
- Restraint and forced treatment

Prevention

- Indicated prevention and early intervention (SDG 1)
 - Consequences of poverty on CAMH
 - Ending abuse and all forms of violence and torture against children (SDG 16.2)
 - Bullying as a form of violence among children
 - Promoting just and inclusive societies, fighting stigma (SDG 16)
 - Access to justice and care (e.g. for child refugees that came together with their parents)
-

(Joint) Political Activities and Position Papers in the corona crisis



European Child & Adolescent Psychiatry
<https://doi.org/10.1007/s00787-021-01767-w>

EDITORIAL



Next generation Europe: a recovery plan for children, adolescents and their families

For the time after the pandemic, we need a vision and investments for the future

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The youth of today—our most precious resource—are finally getting the attention they deserve. The impact of the COVID-19 pandemic, including the toll exerted on their mental health had been overlooked during the early months of the pandemic. In the first lockdown, the needs of children and adolescents and their families were largely ignored apart from the child and adolescent psychiatrists all over Europe who worked tirelessly on their behalf. The lives of our young people were severely restricted and for many, this complex situation was incomprehensible. The protection of these children's rights and their welfare have finally come sharply into focus. But how can we ensure that this focus will continue? How can the neglect of children, adolescents

and their families be remedied? What should the future hold for the next generation Europe after the acute phase of the pandemic?

The use of terms such as "lost generation" or "generation Corona" should be discouraged as this could foster a belief that they cannot be helped and that the neglect that they have suffered is irreparable. This position is neither legally, socially nor ethically justifiable. The constant calls by UNICEF and other organizations like ESCAP to respect children's rights is not an aspirational one. These organizations ensure the fundamental rights of children to be heard and to have their situation considered. The pandemic is shedding light on this fact like never before. The protection of

Potential effects of "social" distancing measures and school lockdown on child and adolescent mental health.

Vera Clemens^{1*}, Peter Deschamps^{2*}, Jörg M. Fegert^{3*}, Dimitris Anagnostopoulos⁴, Sue Bailey⁵, Maeve Doyle⁶, Stephan Eliez⁶, Anna Sofie Hansen⁷, Johannes Hebebrand⁶, Manon Hillegers⁶, Brian Jacobs⁸, Andreas Karwautz⁶, Eniko Kiss⁶, Konstantinos Kotsis⁶, Mojca Gregoric Kumperscak⁸, Milica Pejovic-Milovancevic⁶, Anne Marie Råberg Christensen⁶, Jean-Philippe Raynaud⁶, Hannu Westerinen⁸, Piret Visnapuu-Bernadt⁸

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* Vera Clemens, Peter Deschamps and Jörg M. Fegert drafted and organized the paper and contributed equally


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Paper together with the UEMS

Reactions from the Head of the Commission



Ares(2021)397259

 **EUROPÄISCHE KOMMISSION**
Dr. Ursula von der Leyen
Die Präsidentin

Brüssel, 18 JAN. 2021
Ares (2021) 7990209

Univ.-Klinik für Kinder- und
Jugendpsychiatrie/ Psychotherapie
25. JAN. 2021
Eingang

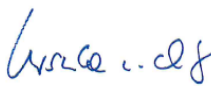
Sehr geehrter Herr Professor Fegert,

vielen Dank für Ihr Schreiben, die netten Wünsche zu Weihnachten und für das Jahr
sowie für die Zusendung des Bandes 8-9 2020 der von der Gesellschaft für So
Fortschritt e.V. herausgegebenen Zeitschrift „Sozialer Fortschritt“.

Ich habe mich sehr über Ihre netten Worte und die interessante Lektüre gefreut.

Bitte erlauben Sie mir, Ihnen bei dieser Gelegenheit ebenfalls meine besten Wünsche
alles Gute für das neue Jahr auszurichten.

Mit freundlichen Grüßen



Dr. Ursula von der Leyen

Herrn Prof. Dr. med. Jörg M. Fegert
Vorsitzender
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 **EUROPÄISCHE KOMMISSION**
Kabinett der Präsidentin Ursula von der Leyen
Berater zum europäischen Grünen Deal

Brüssel, 04. Mai 2021
Ares (2021) 2703983

Herr Professor Fegert,

Die Präsidentin von der Leyen dankt Ihnen herzlich für Ihr Schreiben vom 19. April 2021, in
dem Sie auf die besondere Belastung der COVID-19 Pandemie für Familien,
Kinder hinweisen, zu diesem Zweck eine Kopie einer von Ihnen mit
Ihrer verfassten Erklärung übermitteln sowie um einen Gesprächstermin
zu bitten. Die Präsidentin dankt sie Ihnen für die beigelegten Kopien der Artikelsammlung
„Corona-Zeiten: familienwissenschaftliche Perspektiven“.

Die Präsidentin hat Ihr Schreiben mit Interesse gelesen und dankt Ihnen für die
Angaben. Zu ihrem großen Bedauern ist es ihr aufgrund anderweitiger
Verpflichtungen jedoch nicht möglich, Ihrer Bitte um einen Gesprächstermin zu
entsprechen.

Die Präsidentin hat mich gebeten, Ihnen ihre besten Wünsche für eine erfolgreiche
Präsidentschaft der European Society of Child and Adolescent Psychiatry
auszusprechen.

Mit freundlichen Grüßen

[e-signed]
Kurt Vandenbergh

Herrn Prof. Dr. Jörg M. Fegert
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Kurt.Vandenbergh@ec.europa.eu
Elektronisch unterzeichnet am 04/05/2021 11:51 (UTC+02) gemäß Artikel 11 des Beschlusses Nr. C(2020) 4462 der Kommission

EU funding for a post Corona Revival



Next Generation EU

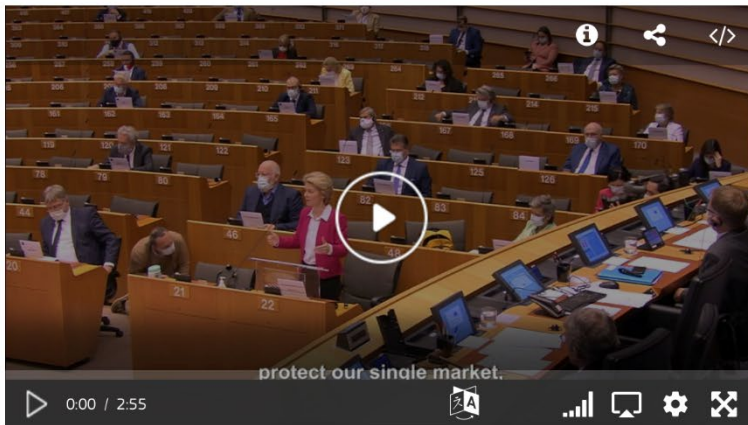


EN English

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Recovery plan for Europe



To help repair the economic and social damage caused by the coronavirus pandemic, the European Commission, the European Parliament and EU leaders have agreed on a recovery plan that will lead the way out of the crisis and lay the foundations for a modern and more sustainable Europe.

https://ec.europa.eu/info/strategy/recovery-plan-europe_en

Strategy to approach different people to convince the EU to hold a meeting on children's mental health and corona



Dimitrios PAPADIMOULIS

The Left Group in the European Parliament - GUE/NGL



Manfred WEBER

MEP, Group Chairman of the European People's Party, Deputy Chairman of the CSU



Katarina BARLEY

Group of the Progressive Alliance of Socialists and Democrats in the European Parliament



Terry REINTKE

Group of the Greens / European Free Alliance

Strategy to approach different people to convince the EU to invest in children's mental health



Stella KYRIAKIDES
EU Health Commissioner

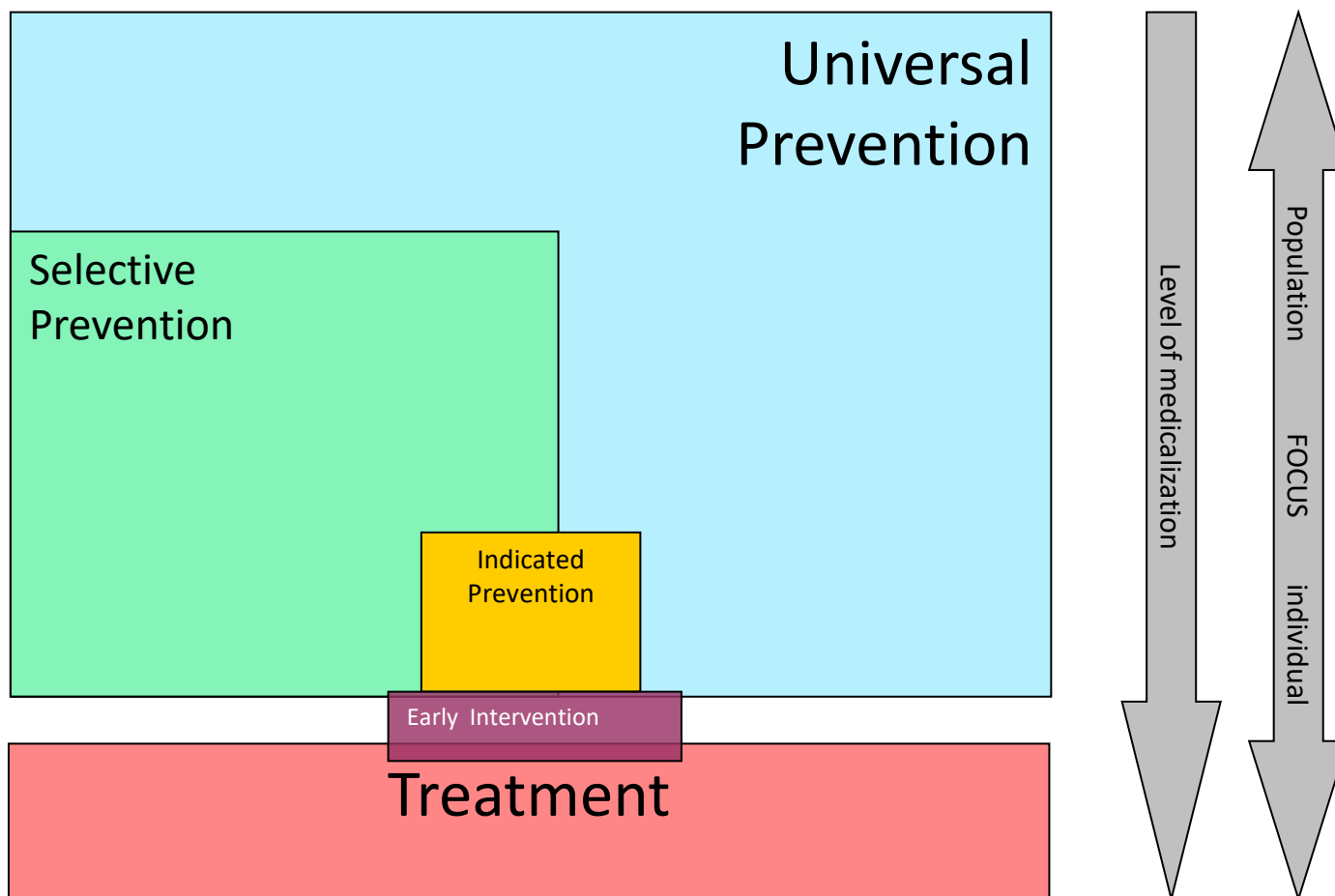


Margaritis SCHINAS
Vice-president and European Commissioner
for Promoting the European Way of Life

Prevention USIP Continuum

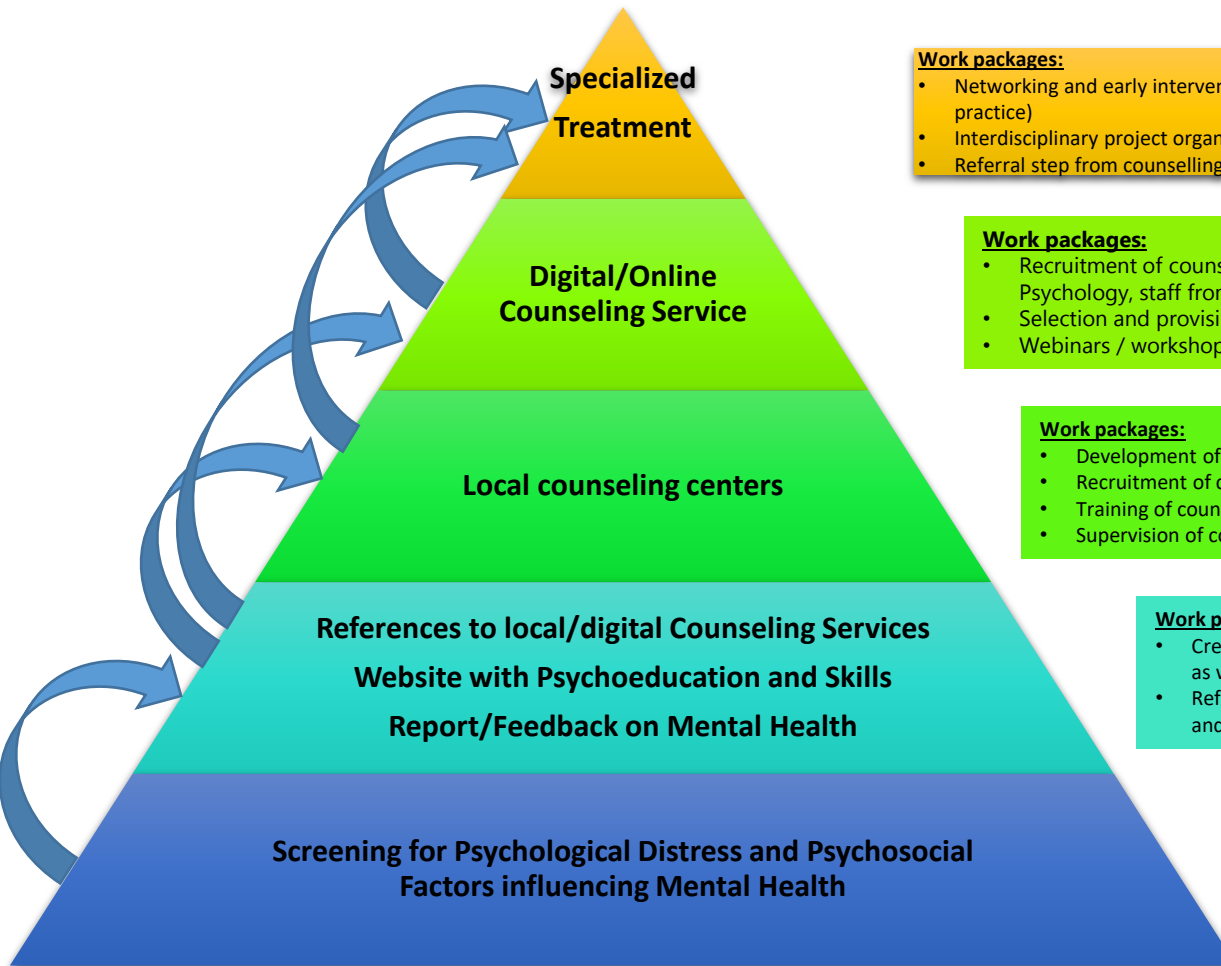


The USIP-Treatment continuum



Stepped-Prevention and Care

Child and Adolescent Psychiatry in the long way out of the corona crisis



Work packages:

- Networking and early intervention network in problem cases (KJP; ZfP; psychotherapists in private practice)
- Interdisciplinary project organisation and referral of cases to specialised care
- Referral step from counselling to clinical care

Work packages:

- Recruitment of counsellors (psychotherapists in training, students in the Master of Psychology, staff from counselling centres).
- Selection and provision of a service for online video counselling
- Webinars / workshops to train counsellors (standardised counselling service)

Work packages:

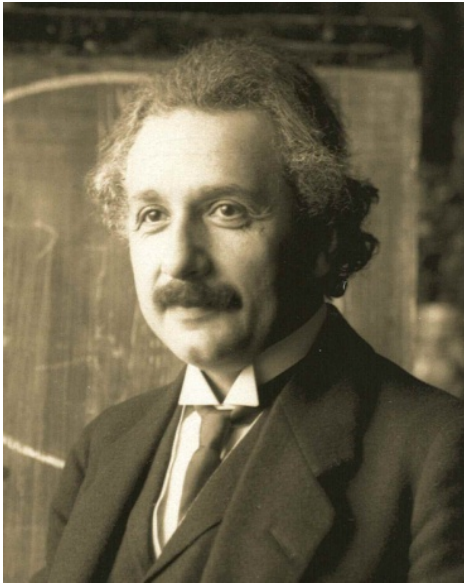
- Development of a standardised guidance module (3-5 sessions).
- Recruitment of counselling staff
- Training of counsellors and counselling certification process
- Supervision of counselling staff

Work packages:

- Creation of a central "landing page" or app with information and tips, as well as references to support services.
- Referral to local care services (counselling centres, maternity centres and comparable services)

Work packages:

- Selection of licence-free procedures/instruments
- Creation of evaluation and user manuals
- Creation of an online platform for screening



*"There are no great discoveries
and progress as long as there is
an unhappy child on earth."*

Albert Einstein

* 1889 Ulm

Thank you!